

# WEBINAR

LeadingAge<sup>®</sup>  
Oregon

*2025 LeadingAge  
Collaborative  
Healthcare in  
Aging Services  
Webinar Series*

# 2025

### *Who Should Attend?*

Administrators and leaders in Long Term Care healthcare settings.

### *Educators*

Debbie Rayburn, RN, BSHCA, LNHA is the lead instructor. She will bring in subject matter experts for a variety of sessions.

See Debbie's bio on following page.

*Each session is one hour on the fourth Tuesday of the month.*

*10 PT | 11 MT | 12 CT | 1 ET*

### *Education Series Topics*

- Loneliness and Social Isolation
- Behavioral Challenges in Dementia
- Grievance Processes
- Mastering Documentation Best Practices in Aging Services
- Strategies to Mitigate Litigation Risks
- Strategies to Prevent Medication Diversion
- Ensuring Medication Safety in Long-Term Care
- Navigating Changes of Condition with Confidence
- Maintaining a Spotless Kitchen: Strategies for Regulatory Compliance
- Combating Costly Readmissions
- Mastering Incident Investigations in Aging Services
- Elopement

*Register for the Full Series for \$500 or individual sessions for \$80.*

### *What's Included*

Registration fee includes digital handouts and tools, one connection to the live webinars and instructions for receiving CE credit/attendance certificate for one person. NAB Credits are pending approval. A recording of this webinar is NOT included in the registration fee.

## ***Session Titles @ Descriptions***

***January 28, 2025, Dr. Robert Winningham***

***Loneliness and Social Isolation Antidotes: Wellness-Based Interventions and Programs***

In this presentation, we will explore social wellness and how it can be used to stave off the negative impacts of loneliness and social isolation. We will look at how loneliness and social isolation is increasing in the United States as well as the effects of loneliness, isolation, perceived social support and instrumental social support on mental and physical health outcomes. Did you know that recent research suggests that loneliness may be more dangerous than smoking 15 cigarettes per day? We will discuss how to assess (and reassess) residents' psychosocial needs in an effort to be responsive to each resident's unique needs and situation. After discussing some of the foundation research and issues, we will spend the rest of the time exploring practical interventions and programs that can improve social engagement, wellness, and quality of life.

***February 25, 2025, Dr. Robert Winningham***

***Behavioral Challenges in Dementia: Practical Approaches and Environmental Supports***

Unfortunately, people living with dementia often engage in behaviors that can negatively affect their quality of life. Caregivers and staff members are often unsure of how to handle unwanted and challenging behaviors. In this presentation, we will discuss how and why brain changes often lead to unwanted behaviors. Then, we will discuss a myriad of responses, interventions, and environmental strategies to create a calmer and more engaging atmosphere. These strategies have the potential to reduce antipsychotic medication use if the unwanted behaviors can be dealt with using these techniques. In addition, attendees will learn how to engage residents in activities designed to improve attention and their ability to inhibit or not engage in maladaptive behaviors and emotional outbursts. Equip yourself with the knowledge and tools to effectively manage the unique behavioral manifestations of these conditions and provide the highest quality of care and life for your residents.

***March 25, 2025***

***Grievance Processes: Enhancing Resident Satisfaction @ Trust***

Discover the key to fostering a culture of care and trust through the creation and implementation of a comprehensive complaint and grievance policy. This session is designed to equip you with strategies to elevate resident satisfaction and demonstrate your unwavering commitment to quality of care. Learn how an effective grievance system not only fosters resident trust, but also serves as a cornerstone for sound risk management. Don't miss the chance to refine your facility's approach to grievance processes and lead the way in setting high industry standards.

***April 22, 2025, Dr. Albert Munanga***

***Elevate Care: Mastering Documentation Best Practices in Aging Services***

Attention leaders and nurses in Aging Services! This session delves into the critical best practices for documentation that ensure legal compliance and facilitates seamless coordination among healthcare professionals. Discover strategies and tools to elevate your documentation standards, optimize team communication, and deliver superior resident care.

***May 27, 2025, Bruce Anders, JD***

***Bulletproof Your Aging Services: Strategies to Mitigate Litigation Risks***

Senior care providers face a daunting challenge - a surge in lawsuits and claims that is driving up costs and sparking anxiety. While quality providers work tirelessly to ensure resident safety, there are critical steps they must take to manage their risk profile and minimize the likelihood of costly litigation. In this must-attend session, leaders will uncover proven tactics to fortify their operations and shield their organizations from the growing threat of lawsuits. Walk away armed with the tools to protect your residents, your reputation, and your bottom line.

***June 24, 2025***

***Safeguard Resident Care: Strategies to Prevent Medication Diversion***

This essential session equips aging services professionals with systems to thwart the costly and dangerous threat of drug diversion. Uncover the critical checkpoints needed to protect residents, communities and staff from the legal and financial perils of controlled substance misuse. Discover how to implement comprehensive oversight, secure storage and audit to maintain the integrity of your medication management.

***July 22, 2025***

***Ensuring Medication Safety in Long-Term Care: A Critical Imperative***

Medication administration is a cornerstone of resident care in long-term care settings and vulnerabilities in this complex system can jeopardize resident safety. This compelling session equips you and your team with the insights to standardize and safeguard medication processes. Explore common pitfalls, their systemic causes, and practices to mitigate risks. Empower your organization to deliver the highest standard of medication management and uphold the duty of care to each resident

***August 26, 2025***

***Navigating Changes of Condition with Confidence***

Proactively managing resident condition changes is a critical responsibility in long-term care services. In this session we'll delve into the essential systems, best practices and quality improvement efforts that will enable your facility to identify and promptly address resident changes in condition. Gain invaluable insights to delivering high-quality care, maintaining regulatory compliance and minimizing unnecessary hospitalizations.

***September 23, 2025***

***Maintaining a Spotless Kitchen: Strategies for Regulatory Compliance***

Ensuring food safety in nursing homes and assisted living facilities is critical to resident safety and regulatory compliance. In this session, industry experts will share proven techniques to develop a strong kitchen sanitation program. Attendees will learn the importance of fostering collaboration between dining services and other departments, empowering their teams to consistently uphold the highest standards.

**October 28, 2025**

***Combating Costly Readmissions***

Join us for a critical exploration into enhancing resident outcomes and safeguarding your facility's regulatory compliance and financial health. This session zeros in on the pivotal role of 30-day readmissions as a quality of care metric. Discover the ways to prevent unnecessary readmissions as well as the power of Interactions to Reduce Acute Care Transfers (INTERACT) tools to support your success and ensure high quality resident care.

**November 18, 2025**

***Uncovering the Truth: Mastering Incident Investigations in Aging Services***

Thorough incident investigation is critical to ensure regulatory compliance, mitigate legal risks and most of all, prioritize resident well-being. This session will equip leaders with a framework for conducting comprehensive inquiries. Attendees will learn best practices for fact-finding, root cause analysis, and developing effective prevention strategies. Gain the skills to transform incident response into a pro-active, resident-centric process that safeguards the residents in your community.

**December 16, 2025**

***Elopement: Safeguarding Residents in Aging Services***

In this essential session, aging services staff will delve into the multifaceted challenges of elopement. Providers bear the critical responsibility of identifying residents at risk and implementing proactive measures to prevent elopement. Gain invaluable insights on best practices for effectively managing these situations and ensuring the safety and well-being of your residents. Arm yourself with the knowledge and strategies needed to navigate the complexities of elopement and uphold the highest standards of care.

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***FACULTY***

Debbie Rayburn, RN, BSHCA, LNHA, has spent over the past 3 decades in Senior Care, serving both in for-profit and not-for-profit settings. Early in her nursing career, she stumbled upon LTC “quite by accident” and fell in love with the rewarding work of serving seniors. She has worked directly in communities as Director of Nursing, Healthcare Administrator, among many other roles. Long before CMS required QAPI, Debbie became a student of continuous quality improvement methods, with a firm belief that anything can be improved by understanding systems and applying the methods that lead to sustained improvement in care and life for residents.

Debbie has been in the role of VP of Operations for two prominent for-profit senior care companies in Oregon. For the past 18 years, she was the Chief Healthcare Officer at Pacific Retirement Services, overseeing healthcare in CCRCs in 7 states. She has been an adjunct professor at Southern Oregon University, authored memory care programs, written and taught C.N.A. certification programs, and has fought to highlight the unique and honored role of nurses who have chosen Gerontological nursing as their specialty. Desiring to continue the pursuit of excellence in long term care, she now provides consultative services to senior care settings and organizations.