

# WEBINAR

LeadingAge®  
Oregon

## 2026 LeadingAge Collaborative Healthcare in Aging Services Webinar Series

Register for the  
Full Series for \$500  
or individual  
sessions for \$80.  
Non-members  
\$600/\$100

# 2026

### Who Should Attend?

Administrators and leaders in  
Long Term Care healthcare settings.

### Educators

Debbie Rayburn, RN, BSHCA, LNHA is the  
lead instructor. She will bring in subject  
matter experts for a variety of sessions.

See Debbie's bio on following page.

**Each session is one hour on the fourth  
Tuesday of the month / 10:00 am PT**

### Education Series Topics

- Polypharmacy in Older Adults: Reducing Medication-Related Problems Through Geriatri-Friendly Approaches
- Antibiotic Stewardship in the Longterm Care Setting
- Cognitive Impairment? Not So Fast. Understanding Cognitive Abilities in an Individual with Dementia to Support Community Living
- QAPI: Required Compliance - Real Results
- The Power of Systems-Thinking in Long-Term Care
- Enhancing Cognitive Well-Being of Residents Through Innovative Programs and Tools
- The Transformative Power of Frontline Leadership
- Designing Effective Preceptor Programs
- AI in Senior Living: Real Progress, Real Pitfalls, Real-Time Demos
- Parkinson's Disease in Aging Adults: What Every Care Team Should Know

### What's Included

Registration fee includes digital handouts and tools,  
one connection to the live webinars and instructions for receiving  
CE credit/attendance certificate for one person.  
A recording of this webinar is NOT included in the registration fee.

## Session Titles & Descriptions

**February 24, 2026, Yvette Lee, PharmD, BCPS**

### **Polypharmacy in Older Adults: Reducing Medication-Related Problems Through Geriatric-Friendly Best Practices**

Refresh your knowledge of age-related changes that affect medications, identify high-risk drugs for older adults, and apply geriatric-friendly principles to reduce adverse events. Explore the scope and drivers of polypharmacy, including prescribing cascades, and learn practical steps non-prescribers can take to reduce medication overload and harm.

**March 24, 2026, Nick Lewis, Consonus Health**

### **Antibiotic Stewardship**

This session will explore practical strategies for implementing and strengthening antibiotic stewardship programs in aging services settings. Participants will learn how to promote appropriate prescribing, engage interdisciplinary teams, and use data to guide decision-making. Join us to gain tools and best practices that support high-quality care while meeting regulatory expectations.

**April 28, 2026, Jamie McKinley, Director of Clinical Services, Consonus Healthcare—Rehab**  
**Cognitive Impairment? Not So Fast. Understanding Cognitive Abilities in An Individual with Dementia to Support Community Living**

How do we understand the world through the eyes of someone with dementia? How do we facilitate the best quality of life at every stage of the disease? This presentation is based on the Cognitive Disabilities Model developed by Claudia Allen. It is an introductory presentation designed to provide a framework to understand the abilities that a person with dementia retains at each stage. In addition, it will provide each participant with tools to be able to be more successful in understanding the individual with dementia, allowing them to support appropriate modifications to maximize potential for safe, successful, and meaningful community living.

**May 26, 2025, Debbie Rayburn**

### **Quality Assurance Performance Improvement: Required Compliance - Real Results**

While QAPI is a regulatory requirement across several licensed care settings, too often it remains a box-checking exercise that yields little beyond basic compliance. This session introduces the fundamentals of QAPI across care settings, with a focus on harnessing the basics to make meetings purposeful, drive actionable plans, and achieve measurable improvements in care. Practical strategies will be shared to help teams move beyond compliance and toward meaningful outcomes that enhance resident experiences.

*June 23, 2026, Debbie Rayburn*

***The Power of Systems-Thinking in Long-Term Care***

Lasting improvement in healthcare comes from a focus on redesigning systems vs. assigning blame. This session introduces systems thinking as a pathway beyond quick fixes, showing how process redesign drives meaningful change. Participants will explore quality improvement tools that support root cause analysis, while examining how theories of leadership, found in the 85/15 Rule and Deming's 14 Points for Leadership, provide a practical framework for building a culture of quality improvement.

*July 28, 2026, Katie Reilly - Corporate Director of Cognitive Well-Being, and Chelsa Blanding - Director of Well-Being Development, Acts Retirement-Life Communities*

***Enhancing Cognitive Well-Being of Residents Through Innovative Programs and Tools***

Strengthening cognitive health is essential to maintaining overall well-being and supporting an active, engaged, and independent lifestyle. This session will provide a clear overview of cognitive health, cognitive reserve, and their connection to cognitive well-being. It will also highlight innovative programs and tools that help identify cognitive changes, build cognitive reserve, and enhance cognitive well-being among older adults. Finally, the session will outline best practices for effectively implementing these initiatives within organizations.

*September 22, 2026, Debbie Rayburn*

***The Transformative Power of Frontline Leadership***

Frontline leaders play a role in shaping the daily experience of residents, staff and families-and their influence extends far beyond task management. This session explores how frontline supervisors can navigate the dual realities of hands-on responsibilities with the broader organizational and regulatory structures that guide their work.

*October 20, 2026, Debbie Rayburn*

***Designing Effective Preceptor Programs: A Leader's Guide to Successful Onboarding***

A strong Preceptor Program can transform the first days of employment from overwhelming to empowering. This session equips leaders to design and implement a structured approach to onboarding. Participants will explore the essential elements of effective preceptorship - including communication, competency-based teaching, time management, and an emphasis on demonstrating compassion-centered behaviors.

*November 17, 2026, Steven VanderVelde ~ Director of Senior Living Partnerships, ProviNET Solutions*

***AI in Senior Living: Real Progress, Real Pitfalls, Real-Time Demos***

AI isn't just coming to senior living, it's already here. In this powerful session, we'll cut through the hype to show where AI is delivering measurable results and where it's falling short. You'll hear real stories from communities using tools like ChatGPT to improve documentation, resident engagement, marketing, and operations, alongside cautionary tales where blind trust in AI led to unintended consequences. Then, we'll take things to the next level with a live demo where ChatGPT joins the stage as an interactive participant, solving real-world challenges, answering tough audience questions, and revealing what it really means to lead in an AI-enabled future.

*December 15, 2026, Libby Kennard, Parkinson's Resources*

***Understanding Parkinson's Disease — What It Is and How It Affects the Body***

Parkinson's disease is a complex neurological condition that impacts movement, balance, and many other bodily functions. This session offers an accessible, evidence-based overview designed to build confidence and understanding for caregivers, professionals, and community members. Participants will learn what Parkinson's disease is, why it develops, how it progresses, and the wide range of symptoms it can cause beyond tremors. We'll explore how the condition affects the brain and body, common challenges individuals may experience, and practical ways to support safety, independence, and quality of life. By the end of the session, attendees will be better equipped to recognize symptoms, understand the lived experience of those with Parkinson's, and apply supportive strategies in daily care. **This session is 1.5 hours**

*January 26, 2027, Libby Kennard, Parkinson's Resources*

***Parkinson's Disease Care Today: Treatments, Medications, and Symptom Management***

Parkinson's disease care has evolved significantly, offering more options than ever to support mobility, comfort, and quality of life. This session provides a clear, up-to-date overview of current medications, emerging treatments, and practical symptom-management strategies used in today's care settings. Participants will explore how different therapies work, when they're typically used, and what to expect as the disease progresses. We'll also discuss non-pharmacological approaches, including exercise, lifestyle supports, and environmental adaptations that can make daily life safer and more manageable. By the end of the session, attendees will be better equipped to recognize symptoms, understand treatment goals, and apply evidence-based strategies that enhance well-being for individuals living with Parkinson's. **This session is 1.5 hours**

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**FACULTY**

Debbie Rayburn, RN, BSHCA, LNHA, has spent over the past 3 decades in Senior Care, serving both in for-profit and not-for-profit settings. Early in her nursing career, she stumbled upon LTC "quite by accident" and fell in love with the rewarding work of serving seniors. She has worked directly in communities as Director of Nursing, Healthcare Administrator, among many other roles. Long before CMS required QAPI, Debbie became a student of continuous quality improvement methods, with a firm belief that anything can be improved by understanding systems and applying the methods that lead to sustained improvement in care and life for residents.

Debbie has been in the role of VP of Operations for two prominent for-profit senior care companies in Oregon. For the past 18 years, she was the Chief Healthcare Officer at Pacific Retirement Services, overseeing healthcare in CCRCs in 7 states. She has been an adjunct professor at Southern Oregon University, authored memory care programs, written and taught C.N.A. certification programs, and has fought to highlight the unique and honored role of nurses who have chosen Gerontological nursing as their specialty. Desiring to continue the pursuit of excellence in long term care, she now provides consultative services to senior care settings and organizations.

Bios of other speakers available on request.