



New Educational Webinar Series

5-Star Insights

Achieve 5-Star in 2020

10-Part Webinar Series

This 10-part webinar series will focus on advancing results in the three domains of the CMS 5-Star Quality Rating System: Health Inspections, Staffing, and Quality Measures. You will gain insight into how the health inspection, staffing, quality measure, and overall rating is calculated. Tips on how to analyze your data and develop an effective action plan to achieve 5-Star status will be emphasized, along with practical facility application of QAPI elements to drive your 5-Star Ratings.

What to Expect:

- Understand the three domains of the 5-Star Rating System.
- Understand how each component is calculated and the impact on the overall 5-Star Rating.
- Acquire knowledge to implement best practices for Five-Star improvement.

Target Audience:

Nursing Home Administrators, Director of Nursing, Nursing Leadership, Facility Department Managers, RAI Coordinator, QA Director.

CE Hours:

1.25 each session

Fees:

Entire Series - Member \$650.00 Entire Series - Non-Member \$825.00 Individual Sessions - Member \$75.00 Individual Sessions - Non-Member \$95.00

Recordings are provided with full-series purchase

Presenter:

Shelly has over 15 years of leadership and consulting experience, holding positions as DON, NHA, Nurse Consultant, and Director of Education & Training. Currently she provides consultation on regulatory compliance to nursing facilities in multiple states. Her expertise includes developing clinical training tools, policies, procedures, protocols and training programs on systems, processes and best practices.

Learn more about our team at www.proactivemedicalreview.com



Shelly Maffla MSN, MBA, RN, LNHA, QCP Director of Regulatory Services

Questions? Please contact LeadingAge Oregon 503.684.3788



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All Sessions Start at 11:00 a.m. Pacific Time

All Sessions will focus on using a QAPI framework with emphasis on reduction of common MDS coding errors and implementation of a facility specific Five Star road map action plan.

March 17, 2020 - Session 1 Developing a 5-Star Work Plan

This session will focus on exploring the three domains of the CMS 5 Star Quality Rating System: Health Inspections, Staffing, and Quality Measures. The recent changes in the 5-Star Rating system will be reviewed. You will learn how the health inspection, staffing, quality measure, and overall rating is calculated. Tips on how to analyze your data and develop plans to achieve 5-Star status will be discussed.

April 21, 2020 - Session 2 5-Star QMs: Increased ADL Help, Ability to Move

Worsened & Improved Function
Review the increase in ADL help, the al

Review the increase in ADL help, the ability to move independently worsened, and improvement in function quality measures that impact the Quality Measure component of the Nursing Home Compare Five-Star Quality Rating system. We will focus on best practices for reducing and preventing decline in ADL status and improving this quality measure.

May 19, 2020 - Session 3 5-Star QMs: Pressure Ulcers

The session will focus on best practices for reducing pressure ulcers to improve your pressure ulcer quality measures.

June 16, 2020 - Session 4 5-Star QMs: Catheter, UTI

Review the UTI and catheter insert/left in bladder quality measures that impact the Quality Measure component of the Nursing Home Compare Five-Star Quality Rating system. Review how these measures are calculated and how they impact your overall Five-Star Quality Rating. The session will focus on best practices for reducing urinary tract infections and unnecessary catheter use in your facility and how to improve these measures.

July 21, 2020 - Session 5 5-Star OMs: Falls with Major Injury

The webinar will focus on best practices for reducing falls with major injury in your facility and how to improve this measure.

August 18, 2020 - Session 6 5-Star QMs: Antipsychotic Use

The session will focus on best practices for reducing antipsychotic medications and chemical restraints in your facility and how to improve these measures. Sample tools will be shared for driving and sustaining antipsychotic reduction efforts.

September 15, 2020 - Session 7 5-Star QMs: Re-Hospitalizations, ER Visits, Successful Return to Community

The session will focus on best practices for decreasing unplanned discharges, emergency room visits, and return to hospital visits in short-term stay residents and improve your quality measures. Sample tools will be shared for driving and sustaining Five Star Quality.

October 20, 2020 - Session 8 5-Star Health Inspections: Top Citations & How to Avoid Them – Part 1

This webinar will focus on the Health Inspections component of *Nursing Home Compare's* 5-Star Rating System. You will learn how the health inspection rating is calculated and how it impacts your overall 5-Star rating.

November 17, 2020 - Session 9 5-Star Health Inspections: Top Citations & How to Avoid Them – Part 2

The top survey citations nationally & best practices for avoiding common citations will be discussed. Understand the regulatory requirements related to the top citations being cited nationally.

December 15, 2020 - Session 10 5-Star Staffing Rating

This webinar will focus on the Staffing component of *Nursing Home Compare's* 5-Star Rating System. You will learn how the staffing rating is calculated and how it impacts your overall 5-Star rating. Tips on how to analyze your data and develop plans to achieve 5-Star status will be discussed, along with application of the elements of QAPI to improve facility 5-Star Ratings and improve staff retention.